

beauty



Name: Anne Tyler Harshbarger
Occupation: Atlanta Ballet dancer
Location: Aura Hair & Makeup and The Fox Theatre

With a spin and a leap, glowing center stage is just an average night for prima ballerina Anne Tyler Harshbarger. Her fashion-forward asymmetrical hair, smooth, flawless complexion and rock-star-meets-romantic-chic style make her a noticeable trendsetter around town. And while this pirouetting talent has a definite flair for the dramatic, her gentle nature imparts a sweet-tempered passion for her artistry.

As a performer for the Atlanta Ballet, Harshbarger's physique is both her craft and career. A combination of rehearsals and performances—which can last up to eight hours each day—impose lofty demands upon her body. “Thirty-something shows of *Nutcracker* can leave your hair and skin in a mess if you don't take care of them,” she says. “All the heavy makeup, wigs and bobby pins are damaging.”

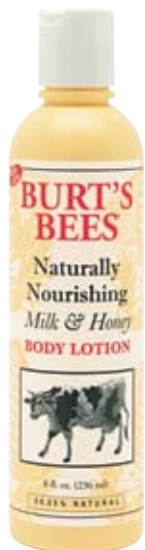
To stay performance perfect, she infuses home remedies into her skin-care routine, concocting treatments from organic produce, and then following up with name-brand quality products. It comes as no secret that maintaining ideal fitness and beauty also means practicing a healthy lifestyle. “I eat mostly organic foods and no meat, drink a lot of water, take naps whenever possible and surround myself with music and people that make me smile!” The enduring effort certainly proves positive. Whether playing the role of “Lucy” in *Dracula* or “Ballerina Marya” in *Nutcracker*, this edgy stunner exudes confidence and grace—revealing that beauty is just that. “To me, true beauty is the energy that radiates out from your eyes and your smile,” Harshbarger says, her eyes lighting up. “If you are happy and fill your life with love and positivity, you will no doubt come across as beautiful.”

JEZ was invited to spend the day with the premier danseuse while shopping and beautifying at her style haven, Aura Hair & Makeup, and then backstage at The Fox Theatre to show us how she becomes flawlessly curtain ready. —TOVA GELFOND. PHOTOGRAPHY BY SARA ANTHONY.

Prima Perfection

How to shine like you're on stage?
JEZ finds out from Atlanta Ballet
dancer Anne Tyler Harshbarger.

*Catch Harshbarger on stage at one of Atlanta Ballet's many shows.
404.873.5811, atlantaballet.com



"I moisturize after every shower! I love **Burt's Bees Naturally Nourishing Milk & Honey Body Lotion** because it makes my skin [feel] really soft and smell yummy." \$10, Target.



"**Calvin Klein Delicious Pout Flavored Lip Gloss** comes in beautiful colors and tastes so good. The cantaloupe one is my fave!" \$13, Sephora.



"**TIGI Bed Head Superstar Lotion** adds a lot of oomph to my fine hair." \$15.50, Target and tighihaircare.com.

Harshbarger's Favorite Products



"I love **When Hope is Not Enough** replenishing cream by **Philosophy**." \$48, Sephora.



"**Lorac TANTalizer Baked Bronzer** gives a gorgeous sunshine-y shimmer." \$28, Sephora.



"**Purpose Gentle Cleansing Wash** by **Johnson & Johnson** is really pure." \$6, Walgreens.

"**Redken Fabricate 03 Heat-Active Texturizer**, **Iron Silk 07 Ultra-Straightening Spray** and **Quick Dry 18 Instant Finishing Spray** are what my stylist uses to keep my hair looking amazing." Prices vary, Aura Hair & Makeup.



Harshbarger's Top City Picks

BEST MANI/PEDI

"**I do my own.** Salons try to shave off valuable calluses on my feet; not good for a ballerina!"

BEST FACIAL

"**I make my own** different ones. Smash up 1/2 banana, 1/2 avocado, a couple spoonfuls of yogurt, a spoon of olive oil and a dollop of honey. Just mix it all up. These ingredients do all the magic without chemicals or artificial colors and fragrances, and they're economical!"

BEST HAIR COLOR

Erin Garrison at Aura Hair & Makeup.

"She has an eye for what looks good, exciting and fresh. She's an artistic educational educator and teaches others, so she's really at the top of her game and of her field."

29 Oak St., 770.640.2882, aurahm.com.

BEST MASSAGE

Ashlie Ramsey by personal appointment in Little 5 Points. "Her house is like a relaxing sanctuary, and she's so strong and in tune! I've had massages in spas before, but find them to be too 'fluffy' for an athlete."

404.909.1282

BEST MAKEUP APPLICATION

Bethen Rose at Aura Hair & Makeup.

"She uses great colors that complement me. She's a perfectionist and really enjoys what she does."

29 Oak St., 770.640.2882, aurahm.com.

BEST PLACE TO BEAUTY SHOP

"I can't pick a favorite! **Sephora**, **CVS/Pharmacy**, **Walgreens** and **Target** all carry distinguished brands now for a lower price!"